



INSTRUCTIONS FOR USE





“I love to use and recommend fine products. But which ingredients really benefit the skin? For years now, I have immersed myself in skincare research. Knowledge gained here has led me to develop my own products. I am very pleased with the result: skincare and make-up of a high quality, which is also pleasurable to use.”

Dr. Jetske Ultee



Dr. Jetske Ultee shares her knowledge with you at
www.dr-jetskeultee.com

SKINCARE



CLEANSER
normal to
dry skin



CLEANSER
normal to
oily skin



TONER
normal to
dry skin



TONER
normal to
oily skin

8%
glycol-
zuur



EXFOLIANT
normal to
dry skin

1%
salicyl-
zuur



EXFOLIANT
normal to
oily skin



MOISTURIZER
normal to
dry skin



MOISTURIZER
normal to
oily skin



SUNCARE
SPF 15
face



SUNCARE
SPF 30
face

non-
profit



SUNCOVER
SPF 30
face + body



EXTRA CARE



VITAMIN A SERUM
all skin types



REPAIR CREAM
dry and
sensitive skin

You will find the list
of ingredients of each product
in our web shop

YOUR STEP-BY-STEP PLAN

MORNING	EVENING	ALL DAY	SKINCARE 5 STEP-PLAN	EXTRA CARE
●	●		1. CLEANSER CLEANSE	
●	●		2. TONER SOOTHE	
	●		3. EXFOLIANT PEEL	VITAMIN A SERUM
●	●		4. MOISTURIZER NOURISH	
●		●	5. SUNCARE PROTECT	
		●		REPAIR CREAM

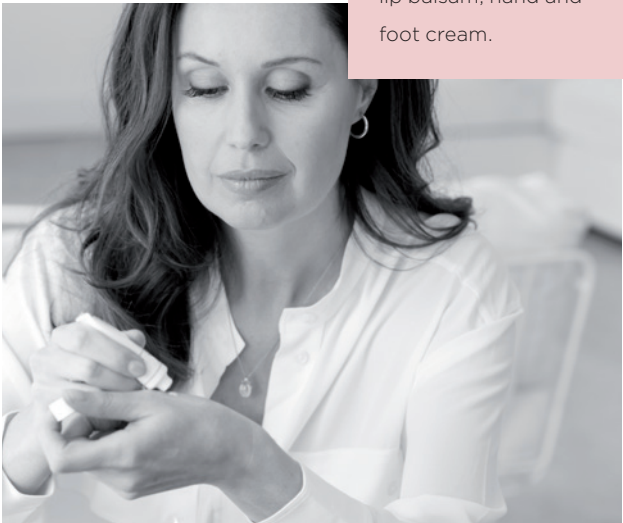
TIP: It is best to use the Exfoliant and the Vitamin A Serum alternately. Would you rather use both products every day? Then use the Exfoliant in the morning and the Serum at night.

TIP: For use throughout the day on all the dry parts of the body and face. Also suitable as lip balsam, hand and foot cream.

ARE YOU USING THE PRODUCTS FOR THE FIRST TIME?

The skincare by Dr. Jetske Ultee contains high concentrations of active substances. You may find that your skin first needs to get used to them. So introduce their use gradually. You can ask one of our skin experts for advice on an introductory plan.

Always test the products first of all on the inside of your arm.



USE

1 CLEANSER

- Wash your face with warm water
- Massage two to four pumps of Cleanser into the damp skin
- Rinse your face thoroughly
- Your skin is ready for further care

2 TONER

- Spray the Toner onto a cotton pad
- Apply gently onto your face
- You can also spray the Toner directly onto your face
- For very oily skin the Toner can replace the Moisturizer

3 EXFOLIANT

- Begin with the Exfoliant after your skin is accustomed to the other products
- Build up its use gradually (2 or 3 times a week)
- As soon as your skin has become accustomed to it, increase to daily use
- Apply a thin layer of the Exfoliant (avoid the eye area)

4 MOISTURIZER

- If you use the Exfoliant then wait ten minutes
- As with the Exfoliant, gradually increase the use of the Moisturizer
- **If you do not use the Moisturizer straight away, store it in the refrigerator**
- Supplement with a sun cream in the day time

5 SUNCARE

- Before applying, leave the Moisturizer to absorb (ten minutes preferably)
- Apply approximately half a teaspoon for your face
- **On sunny days re-apply the product every two hours**

1 CLEANSER | CLEANSE

A fine mild Cleanser is a must! Sebum, dead skin cells and dirt build up throughout the day. If you do not remove it, your skin becomes dull and the likelihood of spots increases. This Cleanser with a milky formula cleans without damaging the skin barrier.

2 TONER | SOOTHE

The Toner soothes, hydrates and repairs the skin. The Toner also helps with absorption of the active substances in your other skin-care products, such as the Moisturizer. Is your skin extremely dry? In the morning replace the Cleanser with the Toner. Do you have very oily skin? Then replace the Moisturizer with the Toner.

3 EXFOLIANT | PEEL

An Exfoliant removes dead skin cells in a gentle way. The skin takes on a fresh, smooth radiance. These Exfoliants contain active concentrations of Glycolic Acid and Salicylic Acid at an appropriate pH level. If you have sensitive skin then choose the Salicylic Acid.

4 MOISTURIZER | NOURISH

This Moisturizer is a real beautifier. Thanks to a unique combination of protecting, soothing, strengthening and moisture binding substances in high concentrations, the skin will return to optimal functioning and glow.

5 SUNCARE | PROTECT

Sun cream is the anti-wrinkle cream, and for that reason alone, unmissable in your daily routine. The safe sun filters in the products by Dr. Jetske Ultee offer proper protection against the damaging effects of UVA and UVB rays.

EXTRA
CARE



VITAMIN A SERUM

The mild alternative to Vitamin A Acid cream

- Available without a prescription
- Unique, stable form of Vitamin A
- Helps combat skin ageing and makes the skin smoother and more even
- Also effective for blocked, enlarged pores and acne
- With extra soothing and healing ingredients

EVENING

USE

- Start using the Serum after your skin is accustomed to the other products
- Increase the use gradually (start with two to three times a week). You can eventually choose to alternate between the Serum and the Exfoliant (you swap step 3 in the 5-step plan)
- Press two pumps onto your hand and apply the Serum sparingly
- Apply after the Cleanser and Toner
- Leave it to absorb in for ten minutes before applying the Moisturizer

Pregnant? Better not. Read more about it on our website.

www.dr-jetskeultee.com

HOW TO USE BOTTLE

Unlock the bottle by turning the golden knob on the bottom. Press the knob in to pump the product out. After use turn to re-lock and replace the lid.

**EXTRA
CARE**

REPAIR CREAM

First aid for dry and sensitive skin

- Extra rich, full creame
- Restores the skin barrier
- Soothes and protects dryness and irritation
- Unique combination of skin's own lipids
- With oat extract, panthenol and shea butter for extra protection and hydration
- Also suitable as lip balm, hand and foot cream
- To use in combination with the other products

ALL DAY


USE

- For skin which needs extra protection and help
- Also suitable for dry and irritated parts of the body
- For all day use
- Determine the desired amount by looking at the area and needs of your skin
- Apply a minimum of twice a day to heal irritation and/or (extreme) dryness


HOW TO USE TUBE

The Repair Cream comes in an airless tube with a pump. So, you don't have to squeeze the tube. Replace the lid on the pump after use. Tubes which you are not going to be using straight away should be stored in a refrigerator.


MAKE-UP



FOUNDATION
all skin types | Dr. Jetake Ultee



POWDER
Dr. Jetake Ultee



BRONZER
Dr. Jetake Ultee

FOUNDATION

10

20

30

35

40


45

POWDER


10

30

BRONZER



BRUSH



CONCEALER
Dr. Jetake Ultee

CONCEALER

10

35

Contains gentle, nourishing and soothing ingredients



TIPS

- 1

FOUNDATION

- Conceals imperfections
 - Designed to even out the skin, not give it a tan
 - Choose a colour which is closest to your own skin colour
 - Apply it over the Moisturizer or Suncare
- 2

CONCEALER

- Provides more coverage than the Foundation
 - For disguising discolouration and dark circles
 - Apply under the eyes, on blemishes or spots
 - Choose a shade which is slightly lighter than the skin
- 3

POWDER

- Apply to give a matt finish or to fix the Foundation
 - Safe to use around the eyes
 - Apply with a large, loose brush (Powder Brush)
 - Choose the colour best suited to your Foundation
- 4

BRONZER

- For a natural colour and subtle glow
 - Use the Bronzer in winter as well
 - Brush from the forehead down to the cheekbones and towards the jawline
 - Use a large, loose brush (Powder Brush)
- 5

POWDER BRUSH

- Use the Powder Brush to apply the Powder or Bronzer
 - Tap excess powder off against the wrist
 - Blend make-up in well to prevent streaking
 - Clean the brush regularly with the Cleanser or a mild shampoo



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